

# FamilyWorks

Family Resource Center & Food Bank

FamilyWorks E-Newsletter

April 2015

## Upcoming Activities

**Positive Parenting Of  
Teens:**  
April 22-May 9. Call 206  
694-6777 to register

**FAMILY ADVOCATES**  
available to sit individually  
with you to help people find  
resources, every Tuesday and  
Thursday. Call 694-6727.

Interested in  
volunteering at  
FamilyWorks? [GO HERE](#)  
for more info regarding  
volunteer opportunities.  
Love Food Drives? Join us  
every THIRD Saturday at  
the Wallingford QFC!

## Connect With Us



Wallingford is looking for  
help on Saturday, April  
25th for the Wallingford  
Spring Clean Up! Meet at  
9:30am at the  
Wallingford Center.  
Food/supplies provided!

Click [here](#) for the bi-  
monthly program  
calendar

## A More Complete Picture

Every member of the FamilyWorks community possesses a story of why FamilyWorks is important to them. For some, FamilyWorks has been a refuge during a difficult season in life. For others, FamilyWorks is the place where they can give of their time and resources, knowing it will have a positive impact on the neighborhood in which they live.

Each story is personal and like every member of the FamilyWorks community, each story is unique.

Through the month of April we have been sharing stories from members of our community on our [blog](#), and below I've included three of these testimonials. My hope is that these stories will paint a more complete picture for you of how FamilyWorks, with the partnership of our donors, is nourishing, connecting and empowering our most vulnerable neighbors. Enjoy.



*Jake Weber*  
Executive Director

*P.S. - GiveBIG is coming May 5th. At the bottom of this email you can find out how to support us on this "Big" Day. [We hope you'll join us!](#)*

## FamilyWorks Stories - Ashley

In her video Ashley, a participant of our [Teen Parent Program](#), shares how the program

Please help us continue in **Nourishing, Connecting and Empowering** our most vulnerable neighbors.

**Donate Now**

Join Our Mailing List!

has supported her while she was living on her own and how it has helped her become a stronger parent.



## FamilyWorks Stories - Molly Moon



The founder of [Molly Moon's Homemade Ice Cream](#) and the [Anna Banana Milk Fund](#), Molly Moon tells us what she thinks makes Familyworks so unique and vital for our

community.

## FamilyWorks Stories - Shaneika

Shaneika, a parent who utilizes our [Food Bank](#), [WIC](#) and [Family Advocacy](#) services shares how FamilyWorks was able to support her during the transition of becoming a new parent.



## GiveBIG is coming on May 5th!

For 24 hours (midnight to midnight) you can make a donation to FamilyWorks through the GiveBIG website and **a percentage of your donation will be matched by the Seattle Foundation!**

To support FamilyWorks during GiveBIG:

- Go to the [Seattle Foundation](#) website on **May 5th**
- Search for "FamilyWorks"
- Then make a donation



Your support helps us **Nourish, Connect and Empower** our most vulnerable neighbors.

**[We hope you'll join us on this "BIG" day.](#)**